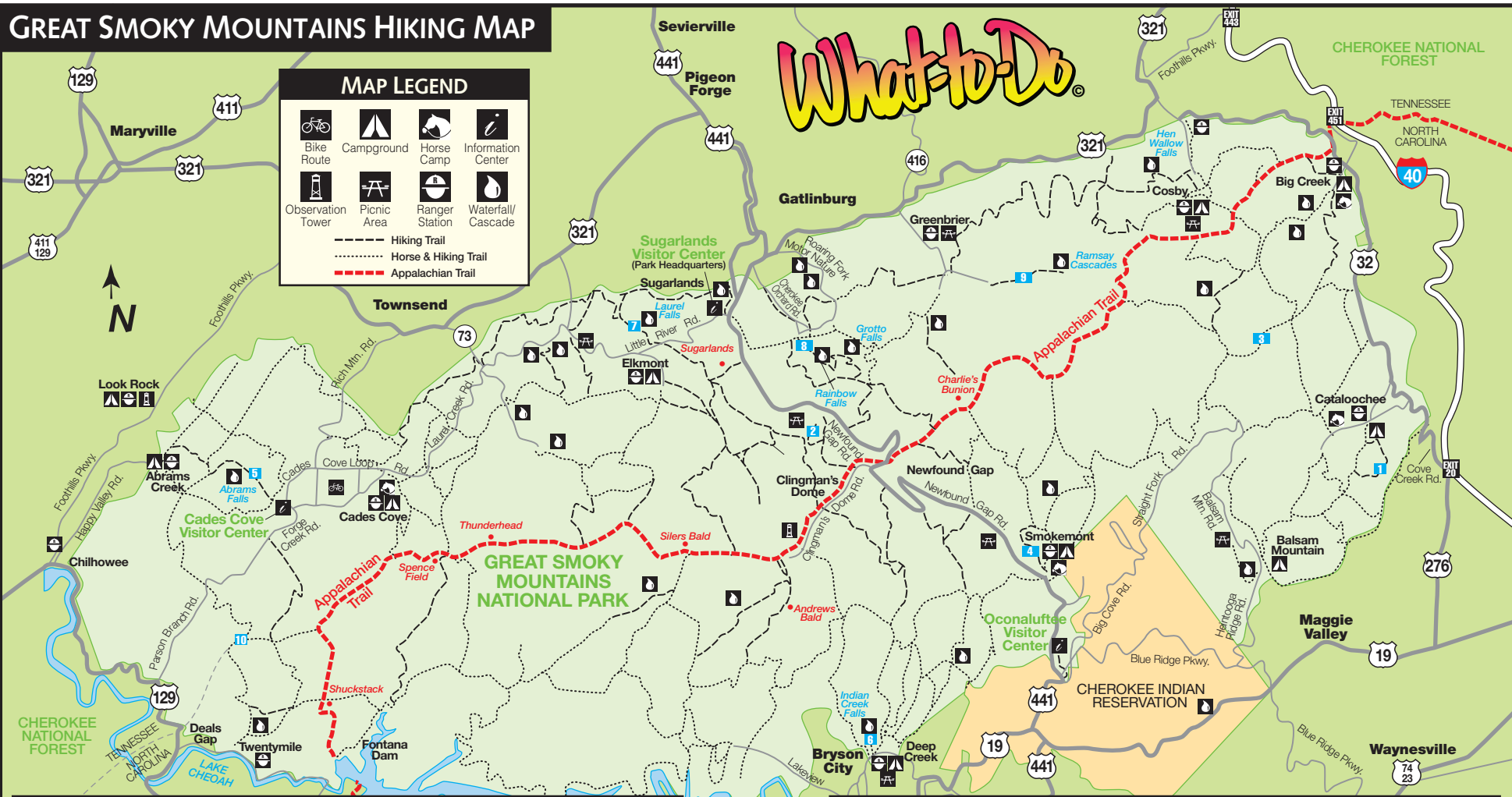


GREAT SMOKY MOUNTAINS HIKING MAP

What-to-Do®

MAP LEGEND

- - - Hiking Trail
 - · - · - Horse & Hiking Trail
 - - - - - Appalachian Trail



Back Country Trails

are for the more experienced, adventurous hiker. They offer an in-depth, backwoods experience.

- E - Easy**
- M - Moderate**
- S - Strenuous**

Trail	Mileage	Rating**	Location	Features	Time Allowed
1 Boogeran Trail	6.6	M	Cataloochee Campground	Ancient trees	5-6 hrs.
2 Charlie's Bunion	8.8	M	Newfound Gap	Spectacular views	4-5 hrs.
3 Chimney Tops	4	S	Newfound Gap Road	Rock climbing	3-4 hrs.
4 Mt. Sterling	5.6	S	Cataloochee Schoolhouse	High country forests	5-6 hrs.
5 Shuckstack	7	S	Twentymile	Panoramic views	7 hrs.
6 Smokemont Loop	5.7	M	Smokemont Campground	Historic homes	4-5 hrs.

Self-Guiding Nature Trails

are ideal places to explore the Smokies' forests and learn about the area's rich natural & cultural heritage. Numbered stakes are keyed to leaflets available at trailheads which describe points of interest along the way.

Trail	Mileage	Rating**	Location	Features
Cosby	1	E	Cosby Campground	Nature awareness
Elkmont	.75	E	Elkmont Campground	Second growth forest
Sugarlands	1	E	Sugarlands Welcome Ctr.	Handicapped accessible

* All of these mileages are the actual distances from parking lot to the waterfall and back, **NOT** the actual trail length.
 ** Before hiking, please consult a Ranger on the particular difficulties of each trail. Call the national park at (865) 436-1200 for an information kit.

Waterfalls

are popular destinations for day hikes. The trails range from easy to strenuous, but no matter what the effort required, the reward justifies the endeavor.

Trail	Mileage*	Rating**	Location	Features	Time Allowed
1 Abrams Falls	5	M	Cades Cove Loop	Powerful 25' falls	4 hrs.
2 Grotto Falls	7	M	Roaring Fork	Walk behind falls	3 hrs.
3 Hen Wallow Falls	4.2	M	Cosby Campground	95' cascade over rock	3.5 hrs.
4 Indian Creek Falls	.9	E	Deep Creek Campground	60' waterfall	1.5 hrs.
5 Juney Whank Falls	.6	M	Deep Creek Road	125' cascade	2 hrs.
6 Laurel Falls	2.6	E	Little River Road	Double drop falls	2.5 hrs.
7 Rainbow Falls	5.2	M	Cherokee Orchard Road	80' sheer drop	5-6 hrs.
8 Ramsay Cascades	8	S	Greenbrier	Park's highest falls	6 hrs.

Balds

are mysterious treeless areas high in the mountains. Some speculate that they were caused by ice storms, insects, woolly mammoths, dry wind or fire.

Trail	Mileage	Rating**	Location	Features	Time Allowed
Andrews Bald	3.6	M	Clingmans Dome Road	Park's highest bald	3 hrs.
10 Gregory Bald	10.6	M	Parson Branch Road	Azaleas in June	4-5 hrs.
Silers Bald	10	M	Clingmans Dome Road	Excellent views	5-6 hrs.
Spence Field	10	M	Cades Cove Picnic Area	Follows old road	6-7 hrs.
Thunderhead	13	S	Cades Cove Picnic Area	Along Appalachian Trail	8 hrs.